



HOW MUCH HAVE YOU LOST TODAY?

**BEFORE YOU LOSE THE LOT,
CALL THE GAMBLING HELPLINE ON
1800 858 858**

All it takes is a phone call. For immediate help, call the Gambling Helpline: 24 hours a day, 7 days a week. You can also arrange a free appointment with a Gambling Help Service.

GAMBLING HELP SERVICES

Gambling Help Services provide FREE and confidential counselling and assistance

METROPOLITAN SERVICES

Eastern

- Relationships Australia SA Tel: 08 8223 4566 (Adelaide)

Northern

- Relationships Australia SA Tel: 08 8250 6600 (Salisbury, Elizabeth and Ridgehaven)

Southern

- Relationships Australia SA Tel: 08 8377 5400 (Oaklands Park including Noarlunga and Aldinga outreach)

Western

- Relationships Australia SA Tel: 08 8340 2022 (Port Adelaide)
Tel: 08 8245 8100 (Hindmarsh)

COUNTRY SERVICES

Adelaide Hills

- Relationships Australia SA Tel: 08 8223 4566 (Mount Barker outreach)

Barossa

- Relationships Australia SA Tel: 08 8250 6600 (Gawler and Nuriootpa outreach)
Tel: 1800 182 325 (Country Free Call)

Eyre and Western

- UnitingCare Wesley Country SA Tel: 1300 456 946 (Whyalla and Port Lincoln)

Far North

- UnitingCare Wesley Country SA Tel: 1300 456 946 (Port Augusta)

Fleurieu and Kangaroo Island

- Relationships Australia SA Tel: 08 8377 5400 (Victor Harbor and Kingscote outreach)
Tel: 1800 182 325 (Country Free Call)

Limestone Coast

- Lifeline South East Tel: 08 8723 2299 (Mount Gambier)

Murray Mallee

- Relationships Australia SA Tel: 08 8582 4122 (Berri, including Waikerie, Loxton and Renmark outreach)
Tel: 08 8223 4566 (Murray Bridge outreach)
Tel: 1800 182 325 (Country Free Call)

Yorke and Mid North

- UnitingCare Wesley Country SA Tel: 1300 456 946 (Port Pirie and Kadina)

TARGETED SERVICES

Aboriginal Gambling Help Services

- Flinders University Tel: 08 8182 4911 (North/West Metro)
Tel: 08 8204 6982 (Southern Metro)
- Aboriginal Family Support Services Tel: 08 8641 0907 (Port Augusta)
Tel: 08 8582 3192 (Berri)
Tel: 0418 499 649 (Murray Bridge)
Tel: 08 8683 1909 (Port Lincoln)
- Ceduna Koonibba Aboriginal Health Service Tel: 08 8626 2600 (Ceduna)

Aboriginal Gambling Therapy Service

- Southern Adelaide Local Health Network Tel: 08 8204 6982 (Adelaide)

TURN OVER FOR TARGETED SERVICES

www.problemgambling.sa.gov.au

GAMBLING HELP SERVICES

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TARGETED SERVICES

Cambodian Gambling Help Service

- Relationships Australia SA Tel: 08 8245 8100 (Hindmarsh)

Chinese Gambling Help Service

- Overseas Chinese Association Tel: 08 8445 1677 (Findon)

Vietnamese Gambling Help Service

- Community Access and Services SA Tel: 08 8447 8821 (Athol Park)

Multicultural Gambling Help Service

- Relationships Australia SA Tel: 08 8245 8100 (Hindmarsh)

Criminal Justice Gambling Help Service

- Offenders Aid and Rehabilitation Service Tel: 08 8218 0700 (Adelaide)

Intensive Therapy Gambling Help Service

- SA State Intensive Gambling Help Service Tel: 08 8232 3333 (Metro/Country)

Lived Experience in Gambling Program

- Relationships Australia SA Tel: 08 8245 8100 (Hindmarsh)

Gambling Helpline

- For immediate help 24/7 free and confidential Tel: 1800 858 858

Gambling Help Online

- For 24/7 free online counselling www.gamblinghelponline.org.au

VISIT WWW.GAMBLINGHELPO.NLINE.ORG.AU
FOR FREE AND 24/7 ONLINE COUNSELLING.

VISIT WWW.PROBLEMGAMBLING.SA.GOV.AU
FOR SELF-HELP TIPS AND SUPPORT.

GAMBLING HELPLINE: 24/7 | FREE | CONFIDENTIAL
1800 858 858

**THE GAMBLING HELPLINE CAN ORGANISE AN
INTERPRETER FOR YOU**

Funded through the Gamblers Rehabilitation Fund



Government of South Australia

Department for Communities
and Social Inclusion

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